Setting (it) Together

After professionally training as a Chef at the Prue Leith Academy, I have been in the hospitality industry for the past 10 years, experiencing multiple cuisines: French, Italian, American, Mediterranean as well as Fusion. My exposure stretches from working in the Middle East to various top restaurants in Gauteng, and now to this ideal and intriguing town where I can share the way I love to cook!

My wife and I have spent endless nights trying to decide which name would best describe the style and type of food that we wanted to serve — **Grillhouse** was a given.

We knew the biggest task was setting the menu and the options were endless: beef, chicken, pork, lamb, seafood, fish, prawns and of course **SUSHI!** We knew we had to have something from the farm and something from the sea. After much deliberation, the name became obvious. "FARM 'N SEA". The possibilities with such produce, flavours, and combinations thereof, would be endless.

Lastly, we listen to our customers - if there are any special requests for dishes that we can create especially for you, simply let me know!

"Good Food, Good Quality, Good Times"



Our meals are freshly prepared, Your patience is our success!



Starters 'n Bites

Spicy Chicken Livers R55.00

Peri-peri creamy chicken livers served with toasted French loaf

Halloumi Cheese (V) R65.00

Grilled or fried served with a choice of chilli mango sauce or honey grape sauce

Parmesan Crumbed Mushrooms (V) R55.00

Deep fried, served with basil & sundried tomato aioli

Chicken Wingettes R65.00

Six wings cut in half, served grilled or fried Basting choice: Smoky bbq | Sweet & sticky | Peri-peri Sauce choice: Blue cheese dip | Sundried tomato aioli

Biltong Carpaccio R89.00

Served with garlic whip, avocado, rocket, crispy red onion, balsamic & thyme reduction and parmesan cheese

Escargots "Garden Snails" (A) R59.00

Cheesy garlic white wine sauce gratinated with a parmesan herb crumb served with fresh bread

Falklands Calamari (A) R79.00

Tubes & heads, grilled or fried, served with savory rice, lemon butter, fresh lemon (Spicy cajun option available for grilled)

Baked Prawn Tails (A) R85.00

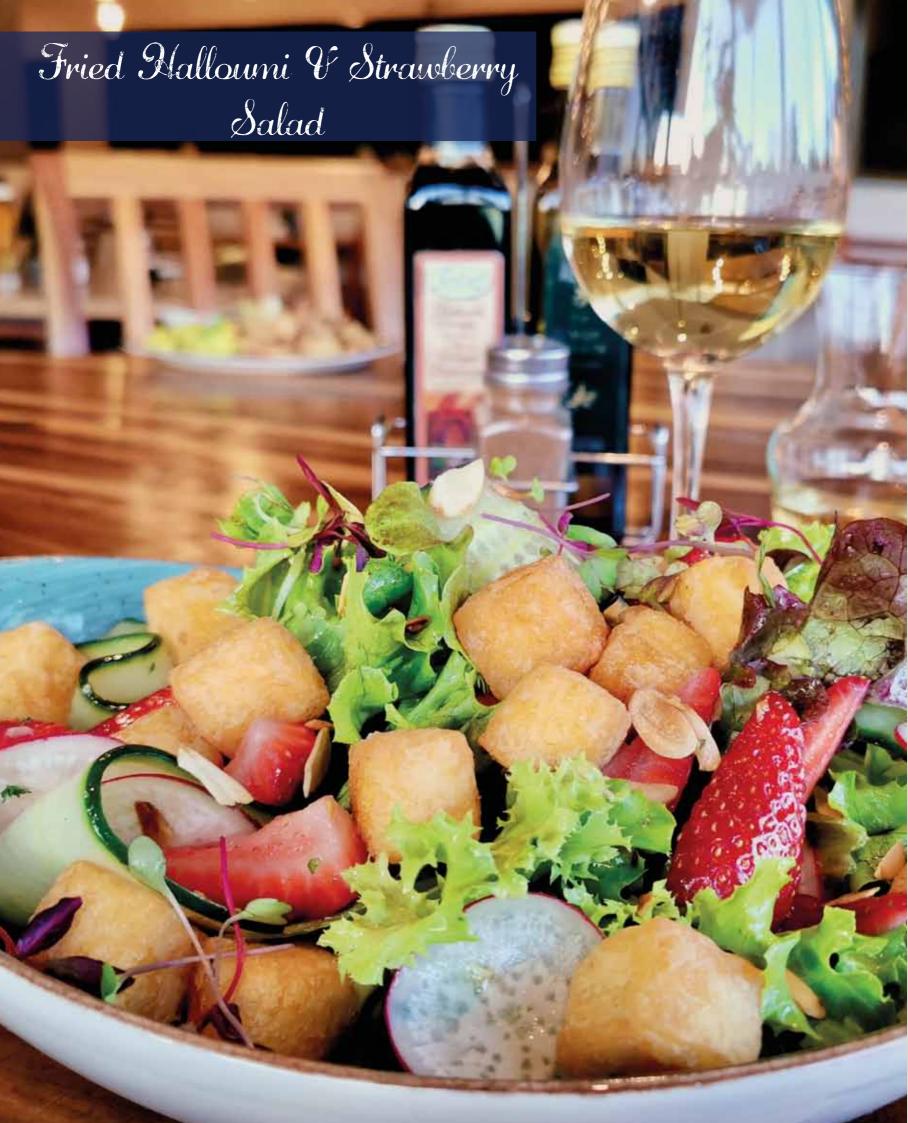
Cheese & garlic sauce topped with a parmesan herb crumb served with fresh bread

Creamy White Wine Mussels (A) R59.00

White wine & garlic based served with fresh bread

Freshly Shucked Oyster R35.00

Large oyster served with fresh lemon



Salads

Greek Salad R70.00

Traditional - tomato, cucumber, feta cheese, kalamata olives, red onion, green pepper, oregano, extra virgin olive oil (no lettuce)

Fried Halloumi & Strawberry Salad R70.00

Fried halloumi, fresh strawberries, lettuce, toasted almonds, cucumber ribbons, red radish, ginger & mint dressing

Cajun Chicken Breast Salad R65.00

Cajun rubbed grilled chicken, lettuce, cucumber, baby corn, cherry tomatoes, green pepper, herb croutons, parmesan dressing

Beef & Balsamic Salad R89.00

Fillet strips, lettuce, rocket, feta cheese, cherry tomatoes, red onion, balsamic & thyme reduction

Crispy Shrimp Salad R85.00

Tempura shrimp, lettuce, avocado, spring onion, cherry tomatoes, parmesan, toasted sesame seeds, sweet spicy dressing





Ribs

(Served with our homemade chips) Basting options: Dark & smoky bbq | Sweet & sticky bbq | Spicy bbq peri-peri

Pork Spareribs R99.00 | R169.00 500g | 1kg

Beef Loin R125.00 700q



Steaks

Served with a choice of a side

Plain seasoned | Homemade spice rub | Smoky bbq basted Plain (no butter) | Bone marrow butter | Sage butter

Fillet 300g - AAA Grade - **R139.00**Rump 300g - 16 Days Aged - **R119.00**Sirloin 300g - 16 Days Aged - **R119.00**Ribeye 300g - 16 Days Aged - **R129.00**T-Bone 600g - 16 Days Aged - **R210.00**







Grillhouse BBQ Burger R85.00

Beef patty basted in a dark smoky bbq sauce, topped with cheddar cheese served on a bun with lettuce, tomato, red onion, and pickles

Parmesan Crumbed Chicken Burger R85.00

Crumbed fried chicken breast topped with avocado and a wholegrain mustard & herb aioli, on a bun with lettuce, tomato, red onion, and pickles

Maple Bacon & Fontina Cheese Burger R115.00

Beef patty basted in a dark smoky bbq sauce topped with maple glazed streaky bacon and fontina cheese, on a bun with lettuce, tomato, red onion, and pickles.

Mushroom & Swiss Deluxe Burger R95.00

Beef patty topped with sautéed button mushrooms, mushroom sauce, swiss cheese and caramelized onion, on a bun with lettuce, tomato, red onion, and pickles

Spicy Jalapeno & Cheese Burger R89.00

Beef patty topped with crispy deep-fried jalapenos, cheddar cheese and cheese sauce, on a bun with lettuce, tomato, red onion, and pickles

Biltong, Avo, Feta & Sundried Tomato Burger R115.00

Beef patty topped with biltong shavings, avocado, feta cheese and sundried tomato aioli, on a bun with lettuce, tomato, red onion, and pickles







Panko Crumbed Chicken Breast R79.00

Parmesan & herb panko crumbed crispy deep-fried chicken breast, served with a four-cheese sauce and a side of your choice

Grilled Chicken Spatchcock R150.00 | R89.00 Full | Half

Basting choice: Lemon & herb | Sweet & sticky bbq | Peri-peri Served with a side of your choice



Creamy Chicken Alfredo Penne

Grilled chicken strips, streaky bacon, mushrooms, green peas and fresh herbs in a creamy parmesan sauce

Oxtail Tagliatelle (A) R110.00

Deboned oxtail slow braised in red wine, tossed through tagliatelle pasta with parmesan and fresh herbs topped with rocket leaves

Exotic Mushroom & Truffle Penne (V) **R99.00**

Summer black truffle oil, sautéed exotic mushrooms, topped with parmesan shavings, fresh herbs, rocket leaves

Prawn Aglio e Olio Linguine R115.00

Prawns sautéed with extra virgin olive oil, fresh garlic, chili flakes, smoked paprika, parmesan cheese and fresh herbs

Seafood Linguine (A) R115.00

Half shell mussels, calamari, prawns and hake in a creamy white wine and Napolitana sauce



Sides 'n Sauces

Sides

Homemade Chips R25.00

Mashed Potato R20.00

Beer Battered Onion Rings (A) R18.00

Southwest Savoury Rice R18.00

Steamed Seasonal Veg R25.00

> Side Salad R25.00

Sauces

Brandy Peppercorn Sauce (A) R15.00

> Four Cheese Sauce R15.00

Dark Smoky BBQ Sauce R15.00

Creamy Mushroom Sauce R15.00

Garlic Sauce R15.00

Sushi

Maki Rolls (8pcs)

Salmon - **R55.00**

Prawn - **R38.00**

Tuna - **R55.00**

Crab - **R30.00**

California Rolls (Uramaki) (8pcs)

Salmon - **R55.00**

Prawn - **R39.00**

Tuna - **R55.00**

Crab - **R35.00**

Fashion Sandwiches (8pcs)

Salmon - **R55.00**

Tuna - **R55.00**

Prawn - **R49.00**

Crab - **R35.00**

Nigiri (2pcs)

Salmon - **R39.00**

Prawn - **R35.00**

Tuna - R39.00

Hand Rolls (Temaki) (1pcs)

Salmon - **R39.00**

Prawn - **R35.00**

Tuna - **R39.00**

Smoked Salmon - R39.00

Sashimi (4pcs)

Salmon - **R79.00**

Tuna - **R79.00**

Roses (4pcs)

Salmon - **R49.00**

Tuna - **R49.00**







Sushi

Sushi Platters

Salmon Platter for 1 (12pcs) R129.00

2pcs salmon roses, 2pcs salmon sashimi, 2pcs salmon nigiri, 6pcs salmon fashion sandwiches

Salmon Platter For 2 (26pcs) R229.00

3pcs salmon roses, 3pcs salmon sashimi, 2pcs salmon nigiri, 6pcs salmon California roll, 6pcs salmon maki, 6pcs salmon fashion sandwich

Poseidon's Platter (48pcs) R399.00

3pcs salmon sashimi, 3pcs tuna sashimi, 2pcs prawn nigiri, 2pcs salmon nigiri, 2pcs tuna nigiri, 6pcs temari, 6 pcs salmon roses, 8 pcs crab California roll, 8 pcs tempura shrimp roll, 8pcs maki roll

Speciality Sushi

Crispy Shrimp Tempura Roll (8pcs) R49.00

Avocado, cucumber, siracha mayo, mango chilli sauce, spring onion, sesame seeds

Spicy Tuna Roll (8pcs) R59.00

Cayenne pepper, chilli flakes, siracha mayo, avocado, sesame seeds, spring onion

Tempura Soft Shell Crab Roll (8pcs) **R99.00**

Avocado, Japanese mayo, spring onion, sesame seeds

P.S.S Roll (8pcs) **R65.00**

Philadelphia cream cheese, smoked salmon, strawberries, avocado, cucumber, sesame seeds, honey glaze

Rainbow Deluxe Roll (8pcs) R59.00

Tuna, salmon, prawn, crab, carrot, cucumber, avocado, siracha mayo, sesame seeds, tempura flakes

Ping-Pong Plate (Temari) (5pcs) R89.00

Salmon | Tuna | Smoked Salmon | Avocado | Prawn



Seafood

Hake Fillet R120.00

Beer battered or grilled large hake fillet served with lemon herb butter sauce, fresh lemon, and a side of your choice

Oven Baked Kingklip R195.00

Kingklip fillet baked with fennel, artichokes, onion, cherry tomatoes, fresh herbs, lemon butter, and a parmesan crumb served with a side of your choice (Grilled option available)

Marinated Seared Salmon R199.00

Sundried tomato marinated, served with grilled cherry tomatoes, chimichurri sauce, and a side of your choice

Falklands Calamari & Chorizo R180.00

Grilled calamari sautéed in lemon butter sauce with chorizo slices, kalamata olives and fresh herbs, served with fresh lemon wedges, and a side of your choice (savoury rice recommended)

White Wine & Mustard Mussels (A) R129.00

Half shell mussels steamed in an extra virgin olive oil, white wine and mustard sauce with red onion and fresh herbs, served with fresh bread

Grilled Butterflied Prawns

Queens: 6 - R139.00 | 8 - R179.00 | 12 - R239.00 Kings: 4 - R130.00 | 6 - R170.00 | 8 - R210.00 Choice of: Lemon herb butter | Peri-peri butter Served with a choice of side (Savoury rice recommended)



Romba's

Farm 'n Sea Combo (Surf 'n Turf) R199.00

300g Sirloin and 4 queen prawns in a choice of basting

Ribs 'n Wings R159.00

500g Pork spareribs and 6 wings in a choice of basting

Half Spatchcock 'n Ribs R189.00

Half chicken and 500g pork spareribs in a choice of basting

Hake 'n Calamari R165.00

Large hake and Falklands calamari, grilled or fried, with lemon herb butter sauce

Hake 'n Prawn R195.00

Large hake, grilled or fried, and 4 queen prawns in a choice of basting







Ice Cream (N) R39.00

Vanilla ice cream with a Ferrero Rocher sauce

Deep Fried Oreos (N) R39.00

Vanilla and cinnamon battered and fried oreo served with a Nutella sauce dusted with icing sugar

Milk Tart Creme Brulee R39.00

Milk tart flavoured set custard with a caramelized sugar crust served with a cinnamon biscuit

Strawberries & Cream "XOXO" (N) R39.00

Meringue mixed through sweetened cream with toasted almonds and fresh strawberries finished with icing sugar and chocolate shavings

Chocolate Volcano R39.00

Baked chocolate fondant, served with vanilla ice cream and chocolate shavings

Peanut Butter Cheesecake (N) R39.00

Peanut butter flavoured fridge set cheesecake with homemade candied peanut, fresh cream, caramelized banana and chocolate shavings





Little Kitchen

Chicken Strips R35.00

Fried crumbed chicken strips with our homemade cheese sauce served with chips

Fish & Chips R39.00

Hake fingers fried in a crispy batter served with mayonnaise and chips

Spag Bol R35.00

Classic spaghetti bolognaise made the Italian way

Mac & Cheese R30.00

Oven baked, penne & cheese

Munch Burger R35.00

Beef patty or crumbed chicken breast on a bun with tomato, lettuce and bbq sauce served with chips

Kiddies Riblets R39.00

Sweet & sticky bbq basted pork riblets served with chips







Drinks

Soft Drinks:		Water:			
Coke	R19	Sparkling Large		R25	
Coke Zero	R19	Sparkling Small		R16	
Coke Light	R19	Still Large		R25	
Sprite	R19	Still Small		R16	
Sprite Zero	R19				
Fanta Orange	R19	Coffee:			
Crème Soda	R19		Regular	Mega	
Sparberry	R19	Cappuccino	R28	R39	
Tab	R19	Americano	R25	R39	
Rock Shandy	R35	Café Latte	R28		
Steelworks	R35	Café Mocha	R29		
Peach Ice Tea	R23		Single	Double	
Lemon Ice Tea	R23	Espresso	R20	R25	
Appletizer	R24	Greek Coffee	R25		
Grapetizer	R24	Irish Coffee			
		Jameson R50	Jameson R50 Bells R45 J&B R45		
Mixers:		'	'		
Tonic	R17	Hot Beverage	s:		
Tonic Sugar Free	R17	Hot Chocolate		R28	
Pink Tonic	R17	Milo		R28	
Lemonade	R17	Tea		R22	
Soda Water	R17	Five Roses, Rooibos, Earl Grey,			
Ginger Ale	R17	Green Tea, Chamomile			
Dry Lemon	R17				
Red Bull	R29	Milkshakes:			
Tomato Cocktail	R25		Regular	Small	
		Vanilla	R28	R18	
Cordials:		Chocolate	R28	R18	
Passionfruit	R7	Strawberry	R28	R18	
Kola Tonic	R7	Lime	R28	R18	
Lime	R7	Bubblegum	R28	R18	
		Bar One	R30	R20	
Juices:		Milo	R30	R20	
Orange Juice	R22				
Mango Juice	R22	Dom Pedro		R39	
Fruit Cocktail Juice	R22	Kahlua Frange	Kahlua Frangelico Amarula Whiskey		
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